

The influence of activity on the health of older dogs

Summary

Physical activity and mental stimulation are very important in the life of a dog at any age. The dog's individual needs should be considered in relation to its stage of life. Lack of exercise increases the risk of disease, including obesity, which also contributes to various disorders in the body. The results of the analysis show the influence of activity on the health of older dogs. The type, frequency and duration of exercise are important and should be adapted to the animal's abilities.

KEY WORDS: senior dogs, activity, obesity