

Mantrailing as a form of physical recreation in Poland

Summary

The article draws attention to the need for research contributing to a better understanding of mantrailing, a rapidly growing form of physical recreation. A survey revealed that the main reasons for practising mantrailing in Poland are the respondents' desire to determine their dogs' needs, predispositions and activity level and to learn about their traits in field work conditions. Passing exams, obtaining certificates, and competition between dogs are not important to the respondents. They treat mantrailing as a year-round outdoor activity performed in all types of field conditions. The vast majority of those practising mantrailing are physically fit, and as with most activities involving dogs, most of them are women. The list of mantrailing dog breeds is highly diverse. Most of the respondents showed no strong preference for specific breeds in mantrailing. The main inhibitors of this activity in Poland are time constraints and financial factors.

KEY WORDS: mantrailing, dog sports